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SkiStar and Hemsedal are ready for the summer season: Here is the complete details of this summer's activities

Summer is just around the corner and in Hemsedal SkiStar and the whole destination are ready for another season with lots of visitors and a wide range of activities and events. Here are full details of things to do and tips for making your mountain experience memorable this summer.

Opening 1 July

Lift-accessed biking and activities in the mountains

The Hollvin Express summerlift opens on **1 July**. From the top of the lift you can now ride a continuous, 8-kilometre flow trail – one of Scandinavia's longest and most varied. The flow trail is named Silverstone.

There is also a new flow trail for those eager to just stay in the mountain, with a 2.5 km trail round-trip starting from the Fjellcafé.

The Mountain Cart from the top of the Hollvin Express is also a popular activity for young and old alike. Open every day when the lift is running.

Try climbing and rappelling. The adults can also help with safety. The climbing route difficulties varies and the rappel is down a 25-metre rock face. The climbing area is located in the heart of the Ski Centre right next to the Fjellcafé.

[Climbing in Hemsedal](#)

Easy, flexible bike rental

Bikes can be rented in advance at skistar.com in the same way as accommodation and other activities. SkiStar Shop bike rental is open daily from 1 July until 14 August, then from Friday to Sunday until 25 September and daily in week 39 and 40.

In need of supplies or to add some equipment for your biking experience, the SkiStarShop Concept Store is open from Monday to Friday until 30 May and daily from 30 May to 9 October.

A wide range of high quality accommodation for a comfortable stay

SkiStar Hemsedal offers a wide range of accommodation. From cabins and apartments to the popular SkiStar Lodges. [Visit skistar.com](http://skistar.com) for details of all the available accommodation.

[Summer in Hemsedal](#)

Høyt & Lavt climbing park

Opens 4 June. Open 10 am - 4.15 pm every weekend until 19 June and 10 am - 4.15 pm daily from 20 June to 7 July. Open 10 am - 6 pm daily from 8 to 31 July. From late summer and autumn: open every weekend and daily during the autumn break until the climbing park closes for the season on 16 October. Weekends until 20 June, except Sunday 12 June. From 20 June to 7 July, all guests can climb daily from 10 am to 4.15 pm. From 8 to 31 July, the climbing park is open from 10 am to 8 pm.

[More info](#)

- New – Skysleeping and Dogsledding on wheels
- **Activities in Hemsedal (adults and children)**
 - Via Ferrata - <https://hemsedal.com/en/hemsedal-fjellsport/via-ferrata>
- Climbing and abseiling at the ski centre - <https://hemsedal.com/en/hemsedal-fjellsport-1/klatring-p%C3%A5-klatrefelt-med-hemsedal-fjellsport>
- Hemsedal Rides - <https://hemsedal.com/en/sykling/hemsedal-rides>
- River snorkling - <https://hemsedal.com/en/hemsedal-fjellsport-1/elvesnorkling-i-hemsila>
- Mountain Cart - <https://hemsedal.com/en/mountain-cart>
- Hemsedal Climbing Centre - <https://hemsedal.com/en/hemsedal-klatresenter>
- Canoe rental - <https://hemsedal.com/en/hemsedal-fjellsport-1/kanoutleie> can also come with a guide
- SUP rental- <https://hemsedal.com/en/hemsedal-fjellsport-1/sup-utleie>
- Fishing - <https://hemsedal.com/en/fiske>
- Høyt & Lavt climbing park - <https://hemsedal.com/hoyt-lavt-klatreparke-hemsedal/h%C3%B8yt-lavt-klatreparke-1>
- Kayak in the Nærøyfjorden - <https://hemsedal.com/en/vis-motus/kajakk-i-naeroyfjorden>
- Golf - two courses - <https://hemsedal.com/en/hemsedal-golfalpin> and <https://hemsedal.com/en/golf-hemsedal>
- Tennis - <https://hemsedal.com/en/golf-hemsedal/tennis>
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- Coffee tasting - <https://hemsedal.com/en/scandinavian-alps-coffee-roasters/kaffesmaking>
- Riding - <https://hemsedal.com/en/summer-activities/outdoor-activities-1/riding>
- Mountain tours - <https://hemsedal.com/summer-aktiviteter/outdoor-aktiviteter/mountain-tours>
- Dogsledding on wheels, not up yet. Will see if I can get it up and running at the start of next week, but haven't received any info from them yet.
- Treatments at Fyri Resort - <https://hemsedal.com/en/news/behandling-p%C3%A5-fyri-pool-club>
- **Local events, in and around the ski centre**
 - AIM Challenge, 3 September - <https://hemsedal.com/en/aim-challenge/aim-challenge>
 - Fauskivalen festival 12-14 August - <https://fauskivalen.no/>
 - Stølsrock festival at Lykkja, 9 July - <https://stolsrock.no/>
 - You'll find more in the calendar <https://hemsedal.com/hva-skjer>

Full listings of summer and autumn events:

<https://www.skistar.com/en/ski-destinations/hemsedal/summer-in-hemsedal/>

Summer activities in Hemsedal:

<https://hemsedal.com/en/summer-activities>

For more press information or questions, contact:

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Pressweb and pictures: <https://www.skistar.com/no/pre...>

SkiStar in brief:

SkiStar AB (publ) is listed on the Mid Cap list of the Nasdaq Stockholm exchange. The Group owns and operates alpine ski resorts in Sälen, Vemdalen, Åre and Hammarbybacken (Stockholm) in Sweden and Hemsedal and Trysil in Norway. Operations are divided into three segments: Operation of Ski Resorts, Property Development & Exploitation and Operation of Hotels. As the leading holiday tour operator for Scandinavia, SkiStar's business concept is to create memorable mountain experiences, develop sustainable destinations, offer accommodation, activities, products and services of the highest quality with our guests in focus. For further information, please visit www.skistar.com/en/corporate

Images and videos in SkiStar's Newsroom can be freely used along with information about SkiStar and/or SkiStar's destinations and products.

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